



Havana Soup Kitchen

Havana Soup Kitchen is located in one of the poorest settlements of Katutura. In 2010, the project was initiated by a wonderful and warmhearted Namibian woman: Frieda Kemuiko-Geises. Thanks to Frieda, 40 vulnerable children in pre-school age get two meals per day - breakfast and lunch. The children of Havana Soup Kitchen start the morning with singing, praying and playing, and Frieda also teaches the kids to prepare them for school. An elderly lady is cooking. Since 2011, the project involves volunteers from the German Red Cross program Volunta.

Frieda is also running a community program to support some of the most vulnerable households in Havana with food and other daily needs. Especially elderly and sick people get support with food, milk powder for babies, blankets, winter clothes, and plastic sheeting to cover leaking shacks, money for medical support, funerals and other more.

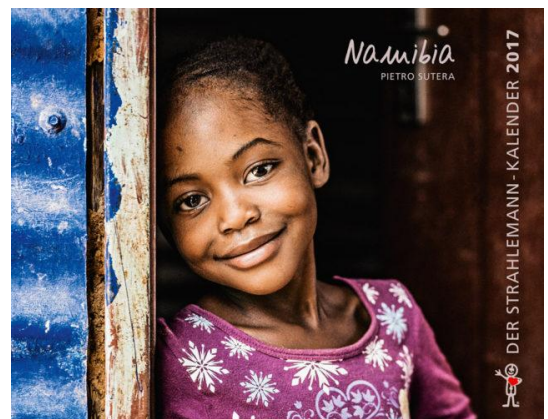
Havana Soup Kitchen is supported by the German non-profit NGO *Pallium - Research and Aid for social Projects* (www.pallium-ev.com). Any further help for the project is most welcome!

Contact

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Account for Donations

Swift Code: FIRNNANX
Bank: First National Bank
Account Name:
Bas Edu & TRN for out of sch Youth & Adults
Account Number: 62153542553
Branchcode: 280172
Branch: Windhoek



Interview with Frieda Kemuiko-Geises:
<https://www.youtube.com/watch?v=bglzZ2wmu7A>

Havana Soup Kitchen was the main motiv of the German Strahlemann Kalender 2017:
<https://www.strahlemann.org/newsblog/der-strahlemann-jubilaekalender-2017-ist-da>